



Science Blog Worksheet September 2014

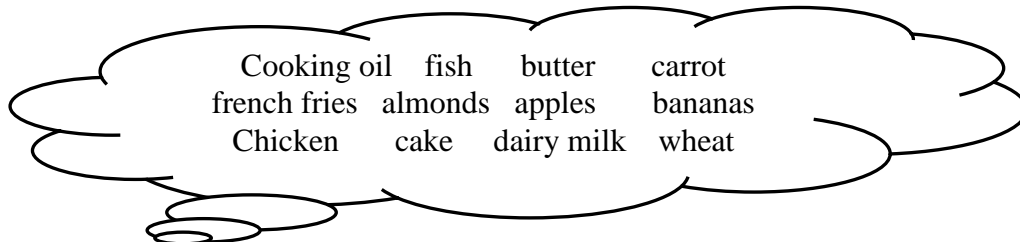
Q1. Fill in the blanks.

- a. We can stay _____ by taking a balanced diet.
- b. There are _____ main food groups.
- c. Eating too much of sweet can damage your _____
- d. The information that you use to answer a question is called _____.
- e. Vegetarians do not eat _____.

Q2. State whether True or False:

- a. Potatoes and grain group contains starch. _____
- b. We can show evidence through pictogram and bar chart. _____
- c. Eating too much food is good for us. _____
- d. People eat Mopani worms in parts of Africa. _____

Q3. Sort the foods into the correct columns of the table?



Potatoes and Grains	Fruits and Vegetables	Meats and Nuts	Sweet Foods	Fatty Foods